

## **STUDENTS WITH SPECIAL HEALTH CARE NEEDS**

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## **School Based Health Care Services for Students with Disabilities**

The Individuals Disabilities Education Act (IDEA) gives children with disabilities the legal right to be educated in public schools. With the advances in health care and technology, greater opportunities exist for children with special health care needs to attend school, bringing medically fragile students into the general school population. The incidence of chronic health conditions such as asthma, diabetes, severe allergies, and seizure disorders in school-age children is increasing and complex medical problems that were previously handled in acute care settings are now being managed in the school setting.

Resources and information on how school nursing services and/or specialized health care services may support the educational needs of children with disabilities include:

[Chronic Health Conditions Managed by School Nurses](#)

[Individual with Disabilities Education Act \(IDEA\) and Management of Children in the Least Restrictive Environment](#)

[The Role of the School Nurse and Section 504 of the Rehabilitation Act of 1973](#)

[Individualized Healthcare Plans \(IHP\)](#)

[Comparison of 504, IEPs, IHPs and EAPs](#)

Additional School Health Services Resources:

- Taliaferro, V. (Ed.) (2010) School Nurse Resource Manual: A Guide to Practice, *School Health Alert*, Nashville, TN: Robert Andrews, Publisher, Section II.
- Selekman, J. (Ed.) (2006). *School nursing: A comprehensive text*. Philadelphia, PA: F.A. Davis Company, Ch. 14 and 27

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## Chronic Disease Management in the School Setting

Some children with disabilities, chronic and/or acute health conditions require specialized health services to ensure their safety in the school environment as well as inclusion in education programs. These services may be provided by a licensed registered nurse, advanced practice registered nurse (APRN), licensed practical nurse (LPN) or physician (MD) with a current license in Kentucky or by unlicensed Kentucky public school personnel who have been trained, delegated and are supervised according to [KRS 156.502](#). These specialized health services may include: “medication administration, maintenance, or health care through the use of medical equipment; or the administration of clinical procedure.” ([KRS 156.502](#) and [702 KAR 1:160](#))

Resources for the management of acute/ chronic health conditions in the school setting include:

[Kentucky Department of Education Medication Administration Training Manual for Non-Licensed School Personnel](#)

[United States Department of Agriculture \(2001\) Accommodating Children with Special Dietary Needs](#), Figure 1 should be completed for children with special dietary requirements (p.34)

[Kentucky Department of Education \(2011\) Transporting Oxygen on School Buses](#)

[National School Boards Association \(2011\)](#) *Safe At School and Ready to Learn: A comprehensive Policy Guide for Protecting Students with Life-Threatening Food Allergies*

Silkworth, C., Arnold, M., Harrigan, J., & Zaiger, D. (2005). *Individualized Healthcare Plans for the School Nurse*. North Branch, MN: Sunrise River Press

National Association of School Nurses & American Nurses Association (2011). *School Nursing Scope & Standards of Practice*, 2<sup>nd</sup> Ed. Silver Springs, MD: American Nurses Association

National Association of School Nurses (2005). *Delegation of Care: Overview for the Registered Nurse Practicing in a School Setting*. Castle Rock, CO: National Association of School Nurses, Inc.

Hootman, J. (2004). *Quality Nursing Interventions in the School Setting: Procedures, Models, and Guidelines*. Castle Rock, CO: National Association of School Nurses, Inc.

Perry, A., Potter, P., & Elkin, M. (2009) *Nursing Interventions & Clinical Skills*, 7<sup>th</sup> Edition, St. Louis, MO: Elsevier

Talliaferro, V. (Ed.) (2010) *School Nurse Resource Manual: A Guide to Practice, School Health Alert*, (pgs. 259-279). Nashville, TN: Robert Andrews, Publisher

Selekman, J. (Ed.) (2006). *School nursing: A comprehensive text*. (pgs. 309-319) Philadelphia, PA: F.A. Davis Company

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**Asthma**

[KY Creating Asthma Friendly Schools Resource Guide](#)

[NASN Resources](#)

[Asthma Control: Are You Doing YOUR Part?](#) -*School Nurses and School-based Asthma Management*

[Is the Asthma Action Plan Working?](#) - A Tool for School Nurse Assessment

[Asthma Information for Schools/Child Care](#)

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**Allergy and Anaphylaxis**

[NASN Food Allergy and Anaphylaxis](#)

[NSBA Food Allergy Policy Guide](#)

[Tips for Managing Food Allergies](#)

[Anaphylaxis Network School Guidelines](#)

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**Bed Bugs**

[Cabinet for Health and Family Services – Bed Bugs](#)

[Northern Kentucky Independent Health Department – Bed Bugs](#)

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**Crohn's Disease**

[Crohn's and Colitis, A Guide for Teachers and Other School Personnel](#)

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**Diabetes**

[NASN Tools and Resources – Diabetes in Children](#)

[NASN – Diabetes Management in the School Setting](#)

[Helping the Student with Diabetes Succeed: A Guide for School Personnel](#)

Kaufman, F., Jackson, C., & Bobo, N., (2010) Health Care Plans to Manage Diabetes in School, (electronic version) *NASN School Nurse*, 2010 25:276-278

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### **Epilepsy (Seizures)**

[Epilepsy Foundation - First Aid for Seizures](#)

[Epilepsy Foundation – Managing Seizures at School](#)

[Epilepsy Classroom Resources](#)

[Epilepsy Foundation – Living with Epilepsy for Educators](#)

[Centers for Disease Control \(CDC\) Epilepsy Training](#)

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### **Head Lice**

[NASN - Head Lice Resources](#)

[CDC – Head Lice in Schools](#)

[American Academy of Pediatrics – Head Lice](#)

[FDA Treating Head Lice](#)

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